

Big Kids - Big Sleds

Brad Stewart & Kimber Gabryszak

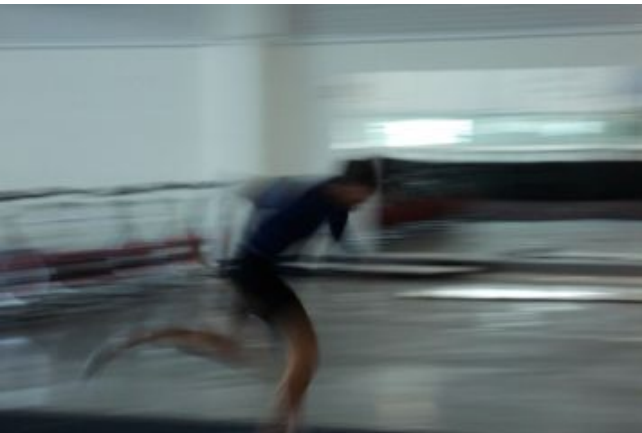
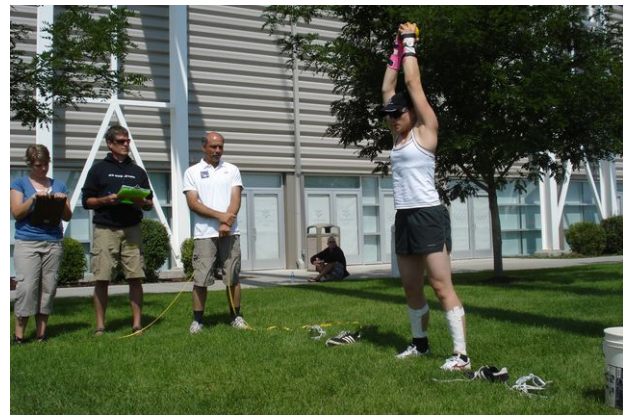
Vol. 1 - Summer 2008

Summer training picks up

Skeleton may be a winter sport, but that doesn't mean summer-time is full of fun, games, and relaxation! Since we can't get on the ice from March-October, as skeleton athletes we spend as much time as possible training to be on the top of our game when October and the 2008-2009 Team Trials come around. Power lifting, plyometrics, and sprinting are kicking our butts! (We spend a lot of time in the ice bath recovering.)

In October, we'll have to pass a 9-item physical test to secure the ranking we achieve during Team Trials. To that end, July 12th and August 9th we had physical evaluations to gauge our progress.

In the photos on this page, we are participating in the tests and training. In our back-squat tests, we both squatted our highest (Kimber broke 200lbs); in his ball-toss test, Brad threw the 12 pound shot put past the maximum score of 15 meters!



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Vol. 1 - Summer 2008

Brad Stewart

2007-2008

Results and Rankings

National Rank - 13

World Rank - 92

Top Speed - 80.7 mph Park City, UT

US Bobsled & Skeleton Combine July 2008

429 Points - Elite Performance - World

Cup/Olympic Development Track

Mar 2008 - U.S. Western Regionals

Day 1 - 3rd Place

Day 2 - 3rd Place

Day 3 - 2nd Place

Jan 2008 - Calgary Canada America's Cup Race

(First International Race)

Day 1 - 21st

Day 2 - 15th

Club Races

January 2008, Utah Winter Games - 2nd

February 2008, Pioneer Cup - 3rd

February 2008, USBA Classic - 2nd

October 2007, Team Trials (first time in attendance)

Day 1 - 13th

Day 2 - 12th

Day 3 - 14th

Day 4 - 11th

September 2007 Push and Load Competition: 6th

Athlete Bio

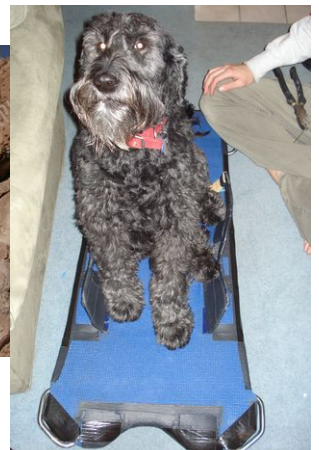
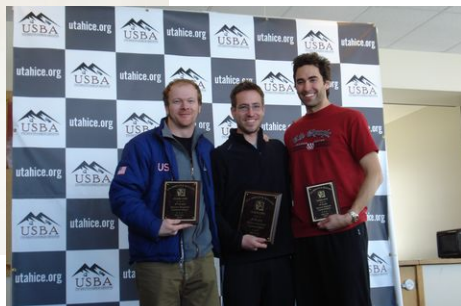
Brad was born and raised in Hastings, MN where he graduated from Hastings Senior High School in 1998. He then went on to attend Marquette University in Milwaukee where he earned dual bachelors degrees in Marketing and Information Technology.

Brad moved to Park City, Utah in the shadow of the 2002 Winter Olympics to "find himself" through a winter of skiing. While working at the Utah Olympic Park, he took a skeleton introduction camp. Immediately, he discovered his previously repressed desire to slide head first down the bobsled track, at 80 mph, with his chin only an inch off the ice.

When Brad isn't training, he works as a website developer, while also dabbling in real estate and business investments.

During the summertime he enjoys mountain biking, where he chases his Professional downhill riding girlfriend Kimber. He also takes in the occasional ski day, tries to run as fast as his dog, Jean Luc, and faces daily accusations that he is taller than his alleged 6 feet 3 inches (Kimber tells him it's his tall and unruly hair that confuses everyone).

Brad currently resides in Park City with Kimber and Jean Luc, (an aspiring slider himself, as shown in the picture below).



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Vol. 1 - Summer 2008

Kimber Gabryszak

2007 - 2008 Results and Rankings

National Rank - 9th
World Rank - 62st
Top Speed - 79.6 mph Park City, UT

April 2008 - Lake Placid America's Cup Race
Day 1 - 22nd
Day 2 - 16th

Mar 2008 - U.S. Western Regionals
Day 1 - 1st Place
Day 2 - 1st Place
Day 3 - opted out

Jan 2008 - Calgary Canada America's Cup Race
Day 1 - 15th
Day 2 - 7th

Jan 2008 - Park City America's Cup Race
(First International Race)
Day 1 - 14th
Day 2 - 8th

Oct 2007 - U.S. National Team Trials
Day 1 - 9th
Day 2 - DNF
Day 3 - 8th
Day 4 - 6th

Athlete Bio

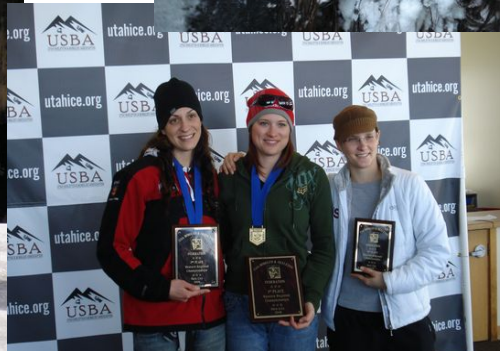
Kimber was born and raised in rural Alaska, her home being her parent's fishing lodge on the Yentna River. She spent her childhood chopping firewood, shoveling snow, fending off charging moose and bears, fishing for salmon, volunteering for the Iditarod sled dog race, and teaching her five younger siblings how to play paintball.

Homeschooled, Kimber now has her Bachelor's degree in Geography and is currently halfway through her Masters of Metropolitan and Urban planning program at the University of Utah.

She has worked as a Planner for Summit County, Utah, for the past three years, and is an advocate for affordable housing in the county.

In her "spare" time, along with skeleton, she races for team Velo Bella on the Pro downhill mountain bike national circuit.

She also hikes and shovels with their snow-loving dog Jean Luc, reads, cooks, tries unsuccessfully to garden, and does an inordinate amount of homework.



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Vol. 1 - Summer 2008

What is skeleton?

Skeleton is the oldest sliding sport, predating both Bobsled and Luge. As skeleton sliders, we slide head-first down the same track as bobsleds, on a sled many would say isn't much larger than a cookie tray. We routinely reach speeds in excess of 80 mph and experience more than 5 g's of pressure, with our chins only an inch above the ice. Think of it this way: 5 g's is more pressure than an astronaut being launched into space! We have to think fast and react quickly; it's certainly harder than it looks...

Why sponsor us?

Brand Extension

Citius, Altius, Fortius (Swifter, Higher, Stronger) - The Olympic Motto. By associating with us you are aligning yourself or company with aspiring Olympians who aim to achieve the pinnacle of success. By supporting us, the media and consumers will positively view you as supportive of us and the Olympic ideal.

Employee Morale

Following our success throughout the season creates camaraderie and a rallying symbol for all employees young and old alike. By watching us achieve our goals, your employees will be motivated to pursue their own. Depending on racing and training schedules, we are also available for speaking engagements to speak to your organization on achieving goals, dedication and how to prioritize at 80mph.

Philanthropy

Donations to us can be made through a 501(c)(3) non-profit organization, and are often tax deductible. Please consult a trained financial professional to see how your donations to us can fit into your financial planning.

National Pride

As athletes pursuing their Olympic goal we are ambassadors for our country and represent each and every American wherever we travel and compete. We aim to be humble in victory, and gracious in defeat. Be proud in knowing that you are supporting us and that every time we stand on a podium and hear our national anthem, you are right there beside us.

As a sponsor, we will actively promote you or your company on our websites, in our newsletter, on our sleds and gear, and whenever else your product or company would deem appropriate.

Sometimes people want to give but are unable to give cash. Other items that would be useful include airline miles, gas cards, and travel accommodations, such as unused timeshares, frequent traveler reward rooms, and so on.

Making a Donation

Donations can be made through the Utah Skeleton and Bobsled Association (USBA) in the athlete's name.

USBA website: <http://www.utahice.org/>

Executive Director Tom Raty: ytarmot@earthlink.net

A slider's budget

Where do my sponsorship dollars go? While we are considered "US Olympic Committee funded athletes", we are still primarily self funded. Our USOC funding is limited to housing and ice fees in Lake Placid. The remaining expenses are left to the athletes to cover. Here are our estimated 2008-2009 expenses, each:

Airline Tickets/lodging

Lake Placid \$1000
Calgary \$1000
Europe \$2000 - \$4000
Airline Luggage Fees \$1400

Gear

Sled \$5500 (ideally)
Runners \$600
Speed suit \$125
Helmet \$75
Spikes (shoes) \$350

Training

Weight Training - \$200/month (\$2400/yr)
Sprint Training - \$150/month (\$1800/yr)
Winter Track Fees - \$1200